

# The Spa at Keystone

Peak pricing is in effect weekends,  
holidays and during busy season.

Contact the spa front desk @  
970-496-4118 for up to date pricing.



## massage therapies

### KEYSTONE CUSTOMIZED MASSAGE

**25 MIN | 50 MIN | 80 MIN**

This massage gently eases tension and relieves weary muscles, providing the ultimate in relaxation. Your therapist will use varied pressure to customize to your individual needs. \*Add \$10 for deep tissue\*

### MOTHER NURTURE MASSAGE

**50 MIN | 80 MIN**

This gentle massage is designed to relieve tension and strain experienced during pregnancy. Your therapist combines specialized therapies to alleviate hip and back pain, improve circulation, and provide much needed serenity for the mom to be. \*Note: not recommended during the first trimester or high risk pregnancies.

### HIGH COUNTRY STONE MASSAGE

**80 MIN**

In this extremely relaxing massage, your therapist combines Swedish massage techniques with warm stones to deeply penetrate sore muscles and relieve stress.

### ALTITUDE MASSAGE

**50 MIN | 80 MIN**

We want you to get more out of your vacation and at an elevation of more than 9000' that can be difficult. This customized massage is paired with oxygen and is designed to loosen stiff muscles, relieve altitude discomfort, calm your mind and induce a more restful sleep.

### ASHIATSU MASSAGE

**50 MIN | 80 MIN**

Ashiatsu massage is a great alternative for deep tissue. The therapist uses barefoot techniques and consistent strokes to help free up bundled nerves, elongate muscles, improve posture and decrease pain.

### DETOX SCRUB & MASSAGE

**80 MIN**

This nourishing treatment begins with a body scrub to detoxify and exfoliate the skin, followed by a full body massage. A decadent body butter is then applied to drench the skin in moisture.

### COUPLES MASSAGE

**50 MIN | 80 MIN**

Enjoy a relaxing customized massage with that special someone in our massage suite for two.

### SUITE SURRENDER

**50 MIN | 80 MIN**

Share an unforgettable bath with that special someone in our two-person infinity edge tub following your massage. This experience also includes champagne and chocolate.

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## facial treatments

### KEYSTONE CUSTOMIZED FACIAL

**25 MIN | 50 MIN | 80 MIN**

This restorative facial will leave your complexion positively radiant. After an in-depth analysis of your skin, your esthetician will customize the facial using the best quality skin care products to suit your unique needs.

### NUFACE CELLULAR LIFT

**50 MIN | 80 MIN**

Coined as "Pilates for your face", this patented technology gently and effectively delivers soft micro-current waves to strengthen, lift and tone facial muscles. This toning device also improves the appearance of your skin by increasing circulation and collagen production. To compliment this service we are offering 10% off any NuFace or NuBody product on the day of your service.

### INTRACEUTICALS OXYGEN FACIAL

**80 MIN**

This is the age defying treatment everyone is talking about resulting in luminous skin and unparalleled hydration. Serums and oxygen work together to reduce the appearance of fine lines and wrinkles while tightening and firming for a more defined facial contour. Your skin will instantly feel rejuvenated with improved volume and a noticeable lift.

## enhancements \*must be paired with massage or facial

### FOOT REFRESHER

**20 MIN**

Get energized with a detoxifying salt scrub that softens your feet and increases circulation. Warm towels are applied for further relaxation, with a deeply hydrating lotion to finish

### SCALP MASSAGE & TREATMENT

**20 MIN**

Warm, antioxidant-rich oils are massaged deep into the scalp to address oily, dry or sensitive scalps. Your hair and scalp are sure to get a large dose of vitality and shine.

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## body treatments

### **BLUEBERRY SOY-LICIOUS WRAP**

**80 MIN**

This rejuvenating treatment starts with a Blueberry Sugar Scrub, followed by an application of Blueberry Soy Slimming Body Masque. You are then enveloped by a thermal body wrap which allows antioxidants and skin firming herbs and plant extracts to penetrate the skin more effectively. This luxurious treatment is finished with the gentle application of a Blueberry Soy Massage Soufflé.

### **COCO-LUSCIOUS WRAP**

**80 MIN**

This treatment begins with your body being buffed to perfection using a Coconut Sugar Scrub. Mango Pineapple Enzyme is then applied and you are enveloped in a thermal body wrap which accelerates the activity of the gentle fruit acids to provide exfoliation and help lighten pigmentation. The finishing touch is a deeply hydrating Coconut Firming Body Lotion that instantly improve skin firmness, texture and tone.

### **CRANBERRY DIVINE SCRUB**

**50 MIN**

This hydrating, skin polishing body scrub will reduce the appearance of cellulite and help increase circulation. An antioxidant rich Cranberry Sugar Scrub is used to exfoliate and rejuvenate the skin. This treatment is finished with the gentle application of an active lotion which will warm, oxygenate, tighten, and firm the skin.

### **MICROCURRENT NUBODY TREATMENT**

**50 MIN**

This treatment helps you achieve what nutrition and exercise alone cannot. The NuBody skin toning device is specially engineered with four treatment spheres that work together to deliver a powerful yet gentle flow of targeted micro-current to 5 areas of the body: upper arms, abs, buttocks, front and back of thighs, and inner and outer thighs. You will notice an improvement in the appearance of dimples and firming of sagging skin. To compliment this service we are offering 10% off any NuFace or NuBody product on the day of your service.

## perfect pairings

### **PAIR TWO OR MORE SERVICES AND RECEIVE 10% OFF**

Services must be done in the same day by the same guest. Cannot combine discounts.

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## helpful information

### **CONTACT & BOOKING**

To schedule an appointment, call the spa at 970-496-4118, or book online at:  
<https://ssobe.vailresorts.com/#/en-US/keystone/spa/>

### **COVID-19**

Due to the COVID-19 pandemic, some amenities and services may not be available. Please contact the spa for up to date information.

### **ARRIVAL**

For maximum relaxation and comfort we suggest that you arrive at least 30 minutes prior to your reservation. Treatments will end on time to ensure no impact on other guests, with the full value of your treatment applied. Guests are welcome to enjoy the Relaxation Room prior to and/or after treatment.

### **CANCELLATION & CHANGE POLICY**

Should you need to cancel or reschedule your reservation, we ask that you provide at least 24 hours' notice to avoid being charged for the appointment.

### **COMFORT & SAFETY**

Please discuss your preferences and special needs with your service provider so that we may provide the best experience possible for you. Please be sure to inform your provider if you are pregnant, have high blood pressure, a heart ailment, allergies, take medication, and/or any other condition that may prohibit you from receiving heat, massage, or skin therapies.

### **GRATUITY**

A 20% gratuity will be added to the price of your service(s) for your convenience. This is a discretionary charge that can be increased or decreased at your request.

### **PRICING**

Prices are subject to change without notice. Contact the Spa for up to date pricing.

### **PARKING**

Valet parking is available complimentary to all guests receiving a spa treatment.