

Mount Guyot  
13,370'

Bald Mountain  
13,684'



### PASSES, RENTALS & HOURS

**TRAIL FEE \$11 PER DAY**  
(MULTI-DAY PASSES AVAILABLE AT DISCOUNT)

**EQUIPMENT RENTAL**  
Touring Skis or Snowshoes .....\$19/day  
Performance Skis/Skate Skis .....\$21/day  
Telemark equipment .....\$29/day  
Inner Tube .....\$16/hr (\$20/2 hrs)

**Nordic Center is open**  
9 a.m. – 4:30 p.m.  
7 days a week  
(970) 496-4275

### FAMILY FUN

**OLD FASHIONED FAMILY TUBING**

\$16/hr or \$20 for 2 hours. Daily 10 a.m. – 2 p.m. Dec. – Feb. 9 a.m. – 1 p.m. in March.  
Inner tube rental required. No personal sleds or plastic saucers permitted. Weather permitting.  
Slide down, walk up. Great for small children.

**FAMILY NORDIC LESSON**

\$45 1-hour lesson for one adult and one child. Available daily in the afternoon with advanced reservation. Each additional family member \$20. Min. age 6 years. Equipment included.  
A family Nordic skiing lesson for adults with children.

**SNOWSHOE ECO HIKE**

\$43 Mondays, Wednesdays, Saturdays 10:30 a.m. – 12:30 p.m.; Fridays 1 p.m.  
Includes equipment.  
An easy, family-oriented 2-mile nature hike.

### NORDIC FOR NOVICES

**BEGINNING CROSS COUNTRY GROUP LESSON FOR ADULTS**

\$43 Daily 10 – 11 a.m. No reservation necessary. Includes equipment.  
An introduction to cross country skiing techniques. Check in by 9:45 a.m.

**BEGINNING SKATE SKIING GROUP LESSON FOR ADULTS**

\$45 Mondays, Wednesdays, Fridays 11:30 a.m. - 12:30 p.m.  
Reservations required. Includes equipment.  
Learn the art of skate skiing with a professional.

**POLAR BEAR CLUB FOR KIDS**

\$38 55-minute lesson available daily with advanced reservation. \$27 each for two participants.  
A private lesson in basic cross-country techniques for children 6 – 12 years of age.

### PERSONAL ATTENTION

**PERSONAL TRAINER**

\$66 1-hour lesson available daily in the afternoon with advance reservation.  
Equipment included. Discounts available for additional participants.  
A private lesson in classic or ski skating techniques.

**TELEMARK PRIVATE LESSON**

\$120 Available daily with advance reservation. Additional student \$25.  
Learn to "free-heel" or advance your skills with lessons at Keystone Resort. Equipment and lift pass not included.

### UNIQUE KEYSTONE EXPERIENCES

**FULL MOON SNOWSHOE TOUR**

\$43 Call for dates and destinations. Start time varies.  
Equipment included. Reservations required.  
A moonlit snowshoe hike and soup buffet dinner.

**LADIES' DAYS**

\$66 Fridays, 10 a.m. – 2:30 p.m. Reservations required.  
Morning cross country lesson and afternoon snowshoe tour. Includes lunch.

**MOUNTAIN TOP SNOWSHOE TREK**

\$70, Thursdays and Saturdays, 10:15 a.m. – 2:30 p.m. Reservations required. Includes lift pass and equipment. Available other days with 3 or more participants and advanced reservation.  
A vigorous trek from the top of the gondola on Dercum Mountain to Bergman Bowl and back (conditions permitting).

### KEYSTONE'S NORDIC SOUP BISTRO

Soup buffet lunch served daily  
11:45 a.m. – 2:00 p.m.

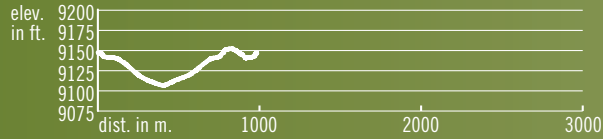
Warm up with unlimited helpings of three hearty home-style soups and fresh breads. Hot dogs, snacks and beverages (including wine and beer) available all day.



**NEVER BEEN? START HERE**

**LEARNING LOOP**

TOTAL LENGTH: 1.0 KM TOTAL VERTICAL: 54 FEET  
 LOWEST ELEVATION: 9106 FEET DIFFICULTY: PUPPY DOG  
 HIGHEST ELEVATION: 9152 FEET ESTIMATED TIME: 15 MINUTES



**EASY DOES IT**

**BEGINNER**

TOTAL LENGTH: 3.4 KM TOTAL VERTICAL: 191 FEET  
 LOWEST ELEVATION: 9098 FEET DIFFICULTY: PUPPY DOG  
 HIGHEST ELEVATION: 9206 FEET ESTIMATED TIME: 70 MINUTES



**BUFFALO**

**INTERMEDIATE**

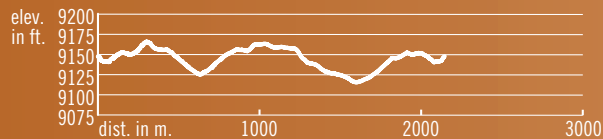
TOTAL LENGTH: 2.0 KM TOTAL VERTICAL: 73 FEET  
 LOWEST ELEVATION: 9115 FEET DIFFICULTY: COYOTE  
 HIGHEST ELEVATION: 9164 FEET ESTIMATED TIME: 25 MINUTES



**FOX TROT/NORWEGIAN WAY**

**ADVANCED/INTERMEDIATE**

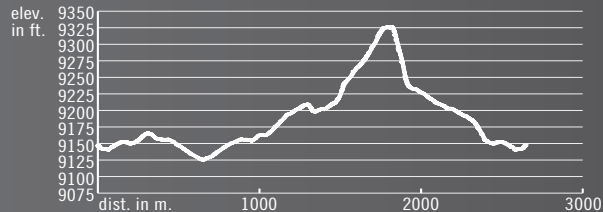
TOTAL LENGTH: 2.2 KM TOTAL VERTICAL: 117 FEET  
 LOWEST ELEVATION: 9155 FEET DIFFICULTY: TIMBER WOLF  
 HIGHEST ELEVATION: 9166 FEET ESTIMATED TIME: 45 MINUTES



**STAIRWAY TO HEAVEN/DOUBLE DARE**

**ADVANCED**

TOTAL LENGTH: 2.7 KM TOTAL VERTICAL: 253 FEET  
 LOWEST ELEVATION: 9125 FEET DIFFICULTY: MOUNTAIN LION  
 HIGHEST ELEVATION: 9326 FEET ESTIMATED TIME: 55 MINUTES



**KEYSTONE**

**NORDIC CENTER**

**TRAIL MAP**

**2011 - 2012**

**COLORADO SKI SAFETY ACT**

The Colorado legislature, recognizing risks that are inherent in the sport, has passed the Colorado Ski Safety Act which provides inherent risks of the sport and relative responsibilities of the "skier" and the ski area. You must obey the Act. Under the Act, any person using the facilities of a ski area is considered a skier. A summary of the inherent risks is listed below:

**WARNING**

Under Colorado law, a skier assumes the risk of any injury to person or property resulting from any of the inherent dangers and risks of skiing and may not recover from any ski area operator for any injury resulting from any of the inherent dangers and risks of skiing, including: changing weather conditions; existing and changing snow conditions; bare spots; rocks; stumps; trees; collisions with natural objects, man-made objects or other skiers; variations in terrain; and the failure of skiers to ski within their own abilities.

**SAFETY**

Pursuant to the Colorado Ski Safety Act, the ski area assumes no responsibility for skiers going beyond the ski area boundary. To access the backcountry, use designated gates only. Areas beyond the ski area boundary are not patrolled or maintained. Avalanche slopes, unmarked obstacles and other natural hazards may exist. Be aware: The backcountry avalanche hazard may be extreme. Rescue in the backcountry, if available, is the responsibility of the Summit County Sheriff. It will be costly and will take time.

**For snow reports, lodging, ski and ride school, activity information and dining reservations, please call 1-888-SKI-KEYSTONE or visit keystone resort.com**